

The 3 Step Monthly Pet Checkup



This simple, 5 minute check up is designed to help make sure your furry friend stays healthy, and isn't developing issues that require follow up!

We recommend that once each month, you do the following 3 steps – it only takes 4-5 minutes a month, and it's one of the easiest and most important ways for you to make sure your pet remains healthy and happy in between vet visits!

Step #1: Weight your pet regularly.

This is the best way to establish if your pet is gaining or losing weight, **objectively**. Most pet owners don't notice when their pet is gaining weight, since they see them every day. You simply use the Weight Tracking Chart (on the next page), and weigh your pet once a month. It's that simple, and that information will be very valuable to your veterinarian when you do see them!

Step #2: Check for lumps, bumps, growths or other issues.

They just think you're giving them extra affection and love! Run your hand slowly across all areas of your pet, feeling for anything unusual. Look and feel for any growths under the skins, as well as any cuts or problems on the skin. Is there any hair loss happening? Are any of their nails cracked or broken, are their paws wet or discolored from them licking them a lot?

If you examine your pet regularly, you'll immediately any new or unusual bumps or growths that may have developed since you last checked them. Often these can be nothing serious, but sometimes they may indicate a problem and catching them early makes a huge difference.

Most of the time you won't find anything new, which is good news. But if you do find something new, whether it's a hard bump, or a soft one that feels like an abscess or a little pocket of liquid under the skin, you should get in touch with us so we can do a full veterinarian exam and determine exactly what it means.

Step #3: Check for any unusual or unpleasant smells.

More than 70% of all pets have dental disease, which leads to a lot of other more serious problems. Bad odors are not normal, so if your pet has a really unpleasant smell in their mouth, get it checked out! Skin and ear infections and problems also are often accompanied by a foul smell, so be sure to get any strange smell checked out.

We're here to help any time you need us – call Vets To Go at 1-888-995-8387!